

2025-06-05

June Bike Month

Just sharing some information put out by the Region for June Bike Month:

“The Region of Durham, in partnership with area municipalities and community partners, invite you to celebrate Bike Month by joining in a series of cycling activities through the region.

From June 1 to 30, you are encouraged to explore Durham’s unique landscapes and scenic trails while practicing safe cycling.

Visit [durham.ca/Bike Month](http://durham.ca/Bike_Month) to register for interactive and fun local contests including taking the Bike Month Pledge and playing Bike Bingo.

You can also participate in a Smart Commute trip logging contest, win prizes and learn about the other events happening for Bike Month.”

Maybe you can encourage some friends and neighbours, who are not regular cyclists, to get involved in some healthy recreation.

